

# Our Rules

## Primary Objectives

1b. Follows limits and expectations

## Why It's Important

Sometimes children need to be reminded about a particular rule and why they must follow it. Simple reminders will help your child gain a better understanding of why it is important to have certain rules.

## Materials

Large piece of paper; markers

## What You Do

1. Observe how your child follows your household rules. Does she always remember to wash her hands before mealtimes? Does she sometimes forget to follow a rule? How does she respond when she is reminded of the rules? Will your child follow a rule when she is reminded to by you or another adult?
2. Tell your child that you noticed her observing the household rules. *You cleaned up all of your toys before you went to put on your coat. That helps me so much.* Ask her about the rules at the beginning of an activity or during a transition. *What do we need to do to keep our clothes clean while painting?*
3. Have your child participate in making new rules when necessary. You can also invite her to review existing rules.
4. Write down the household rules on a big piece of paper and read them to your child. As you read each rule, ask her to explain why you have that rule. Then invite her to remember and explain another one.