

Stepping Stones

Primary Objectives

- 4. Demonstrates traveling skills
- 21a. Understands spatial relationships

Why It's Important

Many children love to move their bodies through space in different ways. This activity encourages your child to be active while helping him master spatial concepts.

Materials

Masking tape; sidewalk chalk; large open floor space or outdoor area

What You Do

1. Use chalk outdoors or masking tape indoors to create a path of “stepping stones” around the space.
2. Invite your child to jump from stone to stone. As he moves, help him notice where he is in relation to his surroundings. *I see that you are near the door, but you are far from the window.*
3. Encourage him to describe where he is in relation to you or any other people participating. *Whom do you think is closest to you? Who is behind you?*
4. Switch places, and continue the activity by moving along the stones and asking your child to describe your position as you move. *Where am I now? What am I next to?*
5. Vary the game by placing the stones in a different area of the room or outdoor space. Continue the activity for as long as your child is interested.