

I Can Do It All By Myself!

Primary Objectives

1c. Takes care of own needs appropriately

Why It's Important

Children learn new things every day and love to show off their new skills. *Look what I can do!* is a common refrain. When your child demonstrates a newly discovered ability, she is proudly showing off her new talent.

Materials

Book: *All By Myself* by Mercer Mayer

What You Do

1. Tell your child that you are going to read a book about Little Critter and all the things he is learning to do by himself.
2. Show your child the title page. Give her time to look at the picture and talk about it. *What is Little Critter doing all by himself? Can you do that, too?*
3. As you read, pause to give your child time to comment, ask questions, and connect the words and pictures to her own experiences and accomplishments.
4. Encourage your child to talk about what she can do on her own by asking open-ended questions as you read. *I see Little Critter is brushing his fur all by himself. How you do get ready for school in the morning?*
5. Look for opportunities throughout the day to acknowledge your child's abilities to complete a task on her own.