The Ministry of Health is now offering free, convenient COVID-19 pop-up testing at various locations around the island. Book online at <a href="http://coronavirus.gov.bm">http://coronavirus.gov.bm</a> or call the COVID-19 hotline at 444-2498 between 9 am – 9 pm.

# Colleagues, we need your feedback: How would you rate our employee ICYMI Newsletter?

The Government of Bermuda is continually seeking new ways to engage with employees. We want YOUR input on how our Daily ICYMI Newsletter could play a more significant role in that effort!

Please share your feedback by completing this 5 question survey: https://www.surveymonkey.com/r/VR9YGWN

# 27 October 2020: COVID-19 Statement from the Premier, the Hon. David Burt, JP, MP:

Click to Read the Full Statement

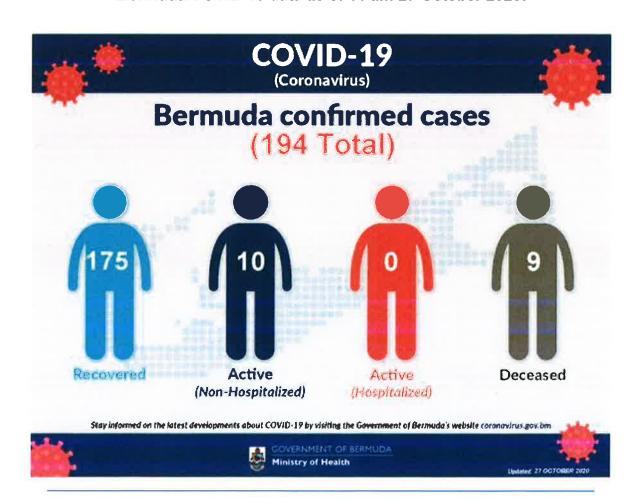


27 October 2020: COVID-19 Statement from the Minister of Health, the Hon. Kim Wilson, JP, MP:

Click to Read the Full Statement



Bermuda COVID-19 data as of 11 am 27 October 2020:



# JOIN THE GOVERNMENT OF BERMUDA PUBLIC SERVICE GROUP ON FACEBOOK!

This Facebook Group is only accessible by public officers and will support employees as a central hub for all up-to-date information about the Public Service.

To join, click the link or search for the 'Government of Bermuda Public Service group' on Facebook.

https://www.facebook.com/groups/657226965167662/



This Facebook Group is only accessible by public officers and will support employees as a central hub for all up-to-date information about the Public Service.

Facebook users will be asked three questions to verify their employment status before gaining access to the private group.

To join, click this link or search for the 'Government of Bermuda Public Service group' on Facebook.

Dress up with your team for Halloween!



# Are you participating in the 2020 Team Theme Halloween Costume Contest?

Now is the time to send your socially distanced group picture to dci2@gov.bm for judging.

The contest will be held on Friday, 30 October 2020, and the photo with the most Facebook post Likes wins!



Winners will get bragging rights and their photo will be posted on the Government of Bermuda public Facebook page.



If you haven't joined yet, search for the Government of Bermuda Public Service group on Facebook

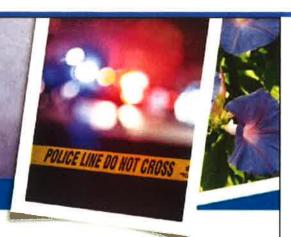
All Holloween office activities must stay within the Department of Health COVID-19 Holloween Safety Guidelines official remailles to upon 1600 masks

**Bermudian Heartbeats Lecture Series 2020** 



**LECTURE SERIES 2020** 

October 2020



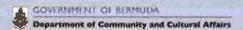
## "Death in Paradise: Stories of Mystery and Murder Most Foul"

on Thursday 29 October, 6 pm

SPEAKERS: Elizabeth Jones, Andrew Bermingham, Cotherine Hay and John Cox

At: Virtual Experience. Please contact Graham Mawer, Cultural Liaison and Development Officer on 292-1681 or gsmawer@gov.bm to register for the Zoom link.

Despite our island's idyllic beauty, Bermuda has served as the backdrop for a number of true crimes throughout our 400 years of history.



This event is FREE to the public

30 Parliament Street, 3rd Floor, Hamilton, HM12 | www.communityandculture.bm



Take advantage of this quick and easy way to protect you and your family by getting your seasonal flu shot.

"Flu Express" will be available between 10:00am and 2:00pm at these locations:

LOCATION	DATE
Warwick Post Office (Rubber Tree) 70 Middle Road, Warwick	Wednesday, 14 October
Cedarbridge Academy Enter via main roundabout, Devonshire	Saturday, 17 October
Penno's Wharf St. Georges (Enter via Tiger Bay Gardens)	Wednesday, 21 October
Dockyard Clock Tower	Wednesday, 28 October

THE MONTH OF NOVEMBER: TUESDAYS, WEDNESDAYS AND THURSDAYS, HAMILTON HEALTH CENTRE 2:00PM TO 4:00PM

The Flu Express is open to children and adults. The cost is \$15.00 per shot for adults and children. SENIORS (65 AND OLDER) ARE FREE. Questions? Call 278-6460.

Please remember to dress comfortably to allow the nurse easy access to the injection site in the upper arm. Please have the correct amount of cash ready as credit/debit card facilities will not be available.

ONLY THE FLU SHOT WILL BE GIVEN.

Be Wise This Flu Season...Get Immunized!



## How to 'Halloween Safely' During COVID-19

Protect your family and friends by referring to this Scare-tometer when planning your Halloween activities this week

#### Click Here to Watch the Full Video



# Employee Assistance Programme of Bermuda (EAP) is Here for You:

Schedule appointments with the counselors at the Employee Assistance Programme (EAP) by emailing <a href="mailto:info@eap.bm">info@eap.bm</a> or by calling 292-9000 between the hours of 9:00 am to 5:00 p.m.

For after-hours assistance or to speak with the Executive Director, Mrs. Latisha Lister-Burgess, call 505-4327.

For a psychiatric emergency or suicidal thoughts, call the 24-hour Mental Health Crisis Line of the Mid-Atlantic Wellness Institute (MWI) at 239-1111.

### **EAP HAS MOVED!**

The new location is 22 Church Street, Unit 410.

Walking Directions: Directly across from the Hamilton Bus Terminal, there is a building located between Crow Lane Express and Bluwave. It will say 22 Church Street. Take the elevator to the fourth floor, and we are at the back on the right side of the hallway.

## **Zoom Webinars**

EAP will be rolling out seven Wellness Wednesday Webinar trainings for the fall.

Please see details below, and pre-register using the Zoom links.

## 1.) November 4th – "Preventing Compassion Fatigue For The Everyday Caregiver (Support Group)"

Zoom Registration Link: "Preventing Compassion Fatigue For The Everyday Caregiver" (Support Group) - Shana Williams

Join us for an interactive group discussion on compassion fatigue and learn practical strategies that will allow you to be at your best when caring for those most vulnerable. This group will be limited to 50 participants.

#### 2.) November 25th – "Navigating Holiday Stress"

Zoom Registration Link: "Navigating Holiday Stress" - Latisha Lister-Burgess

With all the activities, family events and financial pressures to buy gifts; it can be an overwhelming time of year for parents. This course will focus on learning how to show love without adding monetary pressures, navigating through social expectations to "go bigger" each year, and focusing on family traditions to create connection.

3.) December 9th – "Dealing with Grief and Loss (Support Group)"

Zoom Registration Link: "Dealing with Grief and Loss" (Support Group) - Nina Wilson Join us for an interactive group discussion on navigating grief and loss, facilitated by a qualified mental health professional. We will answer your questions and discuss practical strategies for navigating your circumstances. These groups will be limited to 50 participants.

As a thank you to EAP member companies for their continued partnership, these Wellness Wednesday Webinars will be FREE for all employees.

## **October 2020 Testing Schedule**

For the month of October, the Ministry of Health has partnered with MarketPlace Stores across the Island to offer free COVID-19 Testing.

Please see the list of the dates, locations, and times linked below. Use the hyperlinks to access maps for each location.

NOTE: As of 29th July 2020, if you are a traveller (resident and visitor), your dates, times and locations have been booked for you. You will receive a reminder email 24 hours before the test day.

Click Here to Book

#### **REMINDER TO TRAVELLERS:**

Travel Authorisations can be booked 1 to 3 days before departure and must be pre-vetted.

Do NOT wait until the day of travel to book your Travel Authorisation! Both visitors and residents must apply for a Bermuda COVID-19 Travel Authorization when travelling to Bermuda. Travel Authorization applications are vetted between 9 a.m. and 8 p.m. daily. For more information call the COVID-19 Helpline on 444-2498.

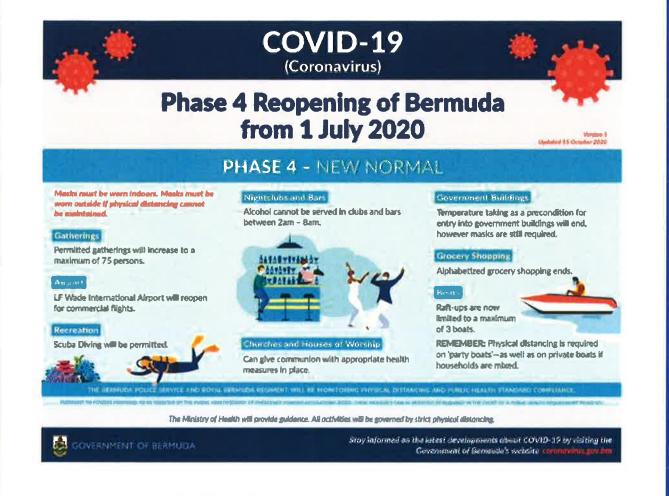
#### COVID-19 (Coronavirus) 4 **COVID-19 Pop-Up Testing Schedule October 2020** Location **Testing Centre** Time Thursday - 1st October 2020 Southside Drive Through Old Whites Supermarket 10 am - 7 pm Saturday - 3rd October 2020 Market Place Modern Mart 12 pm - 4 pm Sunday - 4th October 2020 Southside Drive Through Old Whites Supermarket 9 am - 1 pm Tuesday - 6th October 2020 Southside Drive Through **Old Whites Supermarket** 3 pm - 7 pm Wednesday - 7th October 2020 Market Place Shelly Bay 2 pm - 7 pm Thursday - 8th October 2020 Southside Drive Through **Old Whites Supermarket** 10 am - 7 pm Saturday - 10th October 2020 Market Place 12 pm - 4 pm Sunday - 11th October 2020 Southside Drive Through Old Whites Supermarket 9 am - 1 pm Tuesday - 13th October 2020 Southside Drive Through Old Whites Supermarket 3 pm - 7pm Wednesday - 14th October 2020 Market Place Heron Bay 2 pm - 7 pm Thursday - 15th October 2020 Southside Drive Through Old Whites Supermarket 10 am - 7 pm Saturday - 17th October 2020 Market Place Modern Mart 12 pm - 4 pm Sunday - 18th October 2020 Southside Drive Through Old Whites Supermarket 9 am - 1 pm Tuesday - 20th October 2020 Southside Drive Through Old Whites Supermarket 3 pm - 7 pm Wednesday - 21st October 2020 Market Place Shelly Bay 2 pm - 7 pm **Old Whites Supermarket** Thursday - 22nd October 2020 Southside Drive Through 10 am - 7 pm Saturday - 24th October 2020 Market Place Somerset 12 pm - 4 pm Sunday - 25th October 2020 Southside Drive Through **Old Whites Supermarket** 9 am - 1 pm Tuesday - 27th October 2020 Southside Drive Through Old Whiter Supermarket 3 pm - 7 pm Wednesday - 28th October 2020 Market Place Heron Bay 2 pm - 7 pm Thursday - 29th October 2020 Southside Drive Through Old Whites Supermarket 10 am - 7 pm Saturday - 31st October 2020 Market Place Modern Mart 12 pm - 4 pm All travellers will have all testing booked upon arrival and it will be done at Perot's Post Office.



Stay informed on the latest developments about COVID-19 by veiling the Government of Remains a website



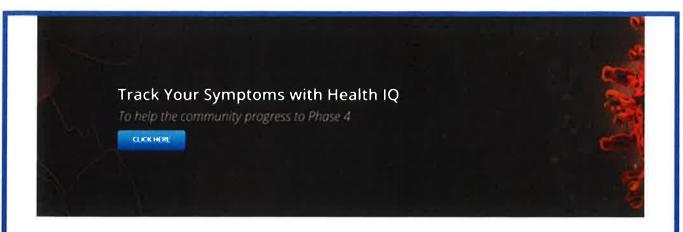
#### Click Here for All Phase 4 Guidance



## Track Your Symptoms with Health IQ

HealthIQ is an innovative service that allows each member of the community to quickly report and see the progression of population health concerns on the island.

Click <u>here</u> or the image below to begin the process:





Click to Go to Gov.bm/Coronavirus

